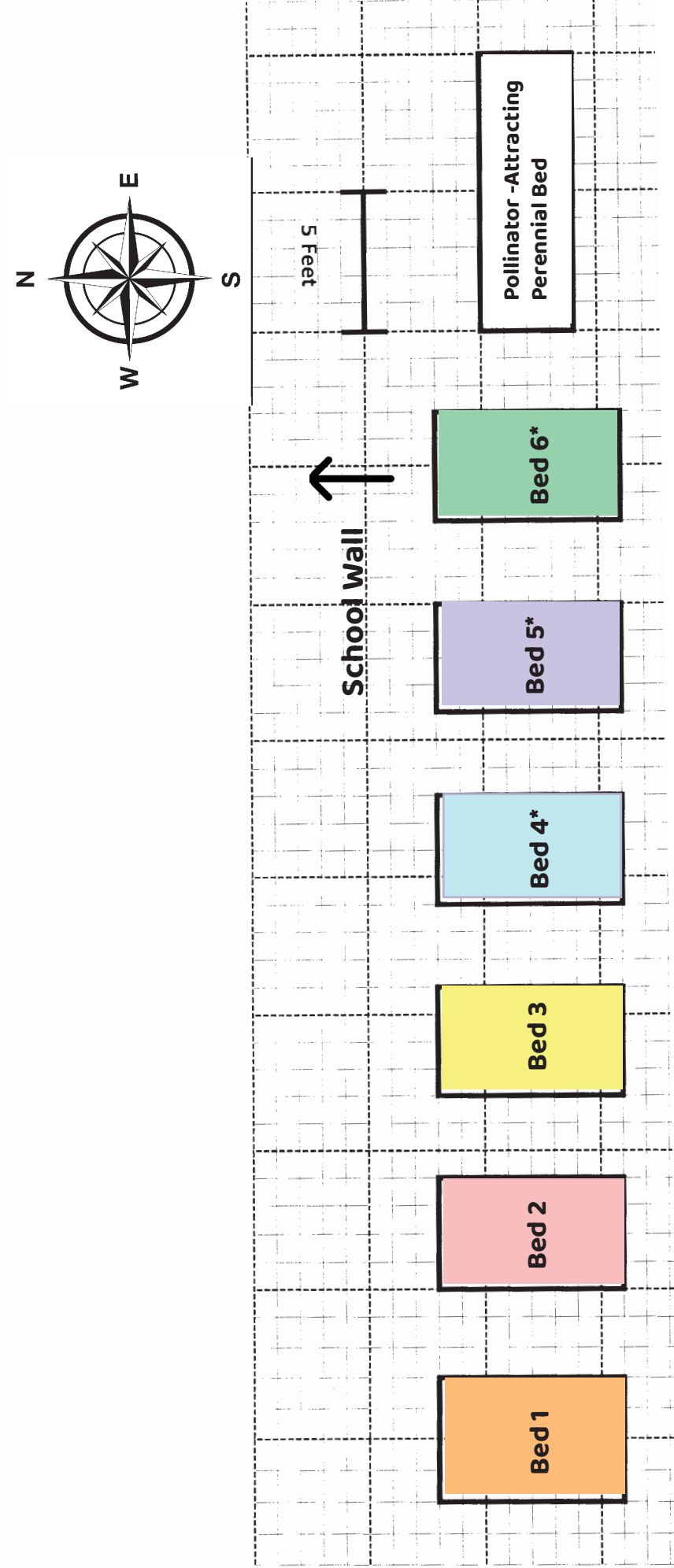


2023 High Peaks Elementary Garden Overview



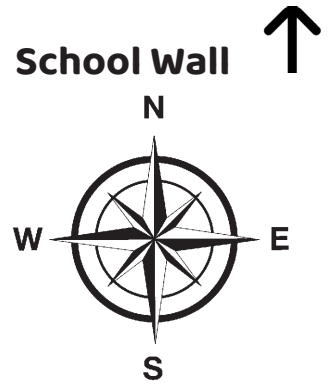
Color Key:

Cucurbit	Carrot	Nightshade	Brassica	Legume	Beetroot
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Carrot Family - Bed 1

2023 High Peaks Garden

+ Lettuce remaining from 1st grade planting in March. We keep some for students to see it go to seed by the end of the season.



Planting Instructions:

parsley

1/4 inch seed depth

spacing: one seed every 8 inches



cilantro

1/4 inch seed depth

spacing: one seed every 4 inches



carrots

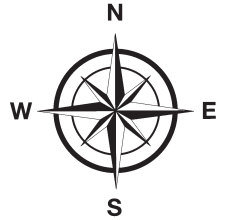
1/4 inch seed depth

spacing: one seed every 2 inches in each direction



Cucurbit Family - Bed 2 + Sunflowers


2023 High Peaks Garden




+ nasturtiums to repel creatures who like cucurbits and improve growth and flavor of cucumber and squash plants.


School Wall ↑

Planting Instructions:


sunflower
 1/4 to 1/2 inch seed depth
 interplant with winter squash / pumpkins +/- 10 inches from mounds


nasturtium
 1/2 inch seed depth
 interplant with summer squash / cucumbers. Should be +/- 10 inches from other seeds


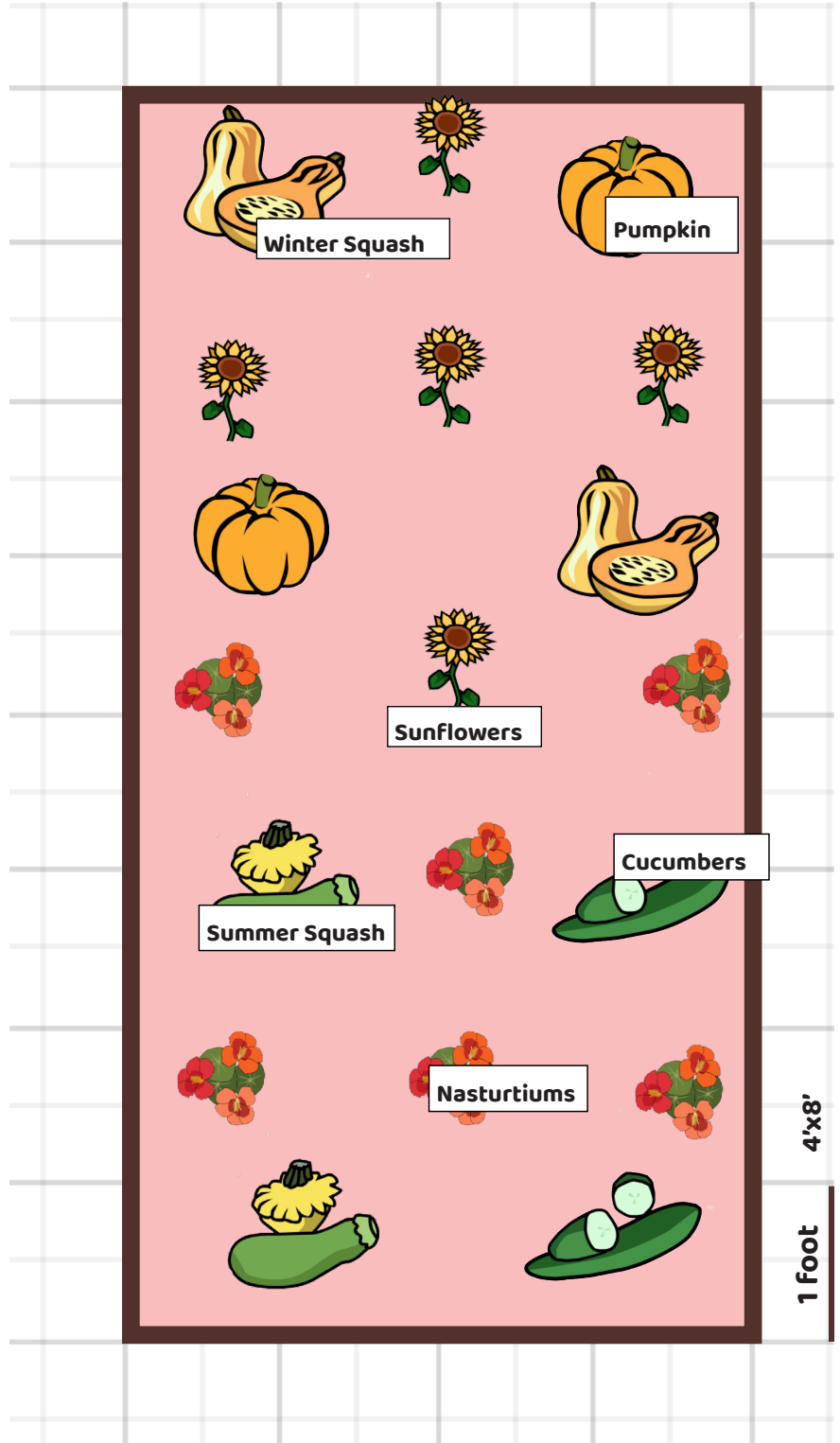
winter squash
 1 inch seed depth
 spacing: three seeds in each mound* (mounds spaced 2-3 feet apart)


summer squash
 1/2 to 1 inch seed depth
 spacing: 2-3 seeds in each mound* (mounds spaced 2 feet apart)


pumpkin
 1 inch seed depth
 spacing: three seeds in each mound* (mounds spaced 2-3 feet apart)


cucumber
 1/2 inch seed depth
 spacing: 2 seeds every two feet


*Each 'mound' of soil should be about 1 foot wide and 4 inches tall.



4'x8'
1 foot

Nightshade Family - Bed 3

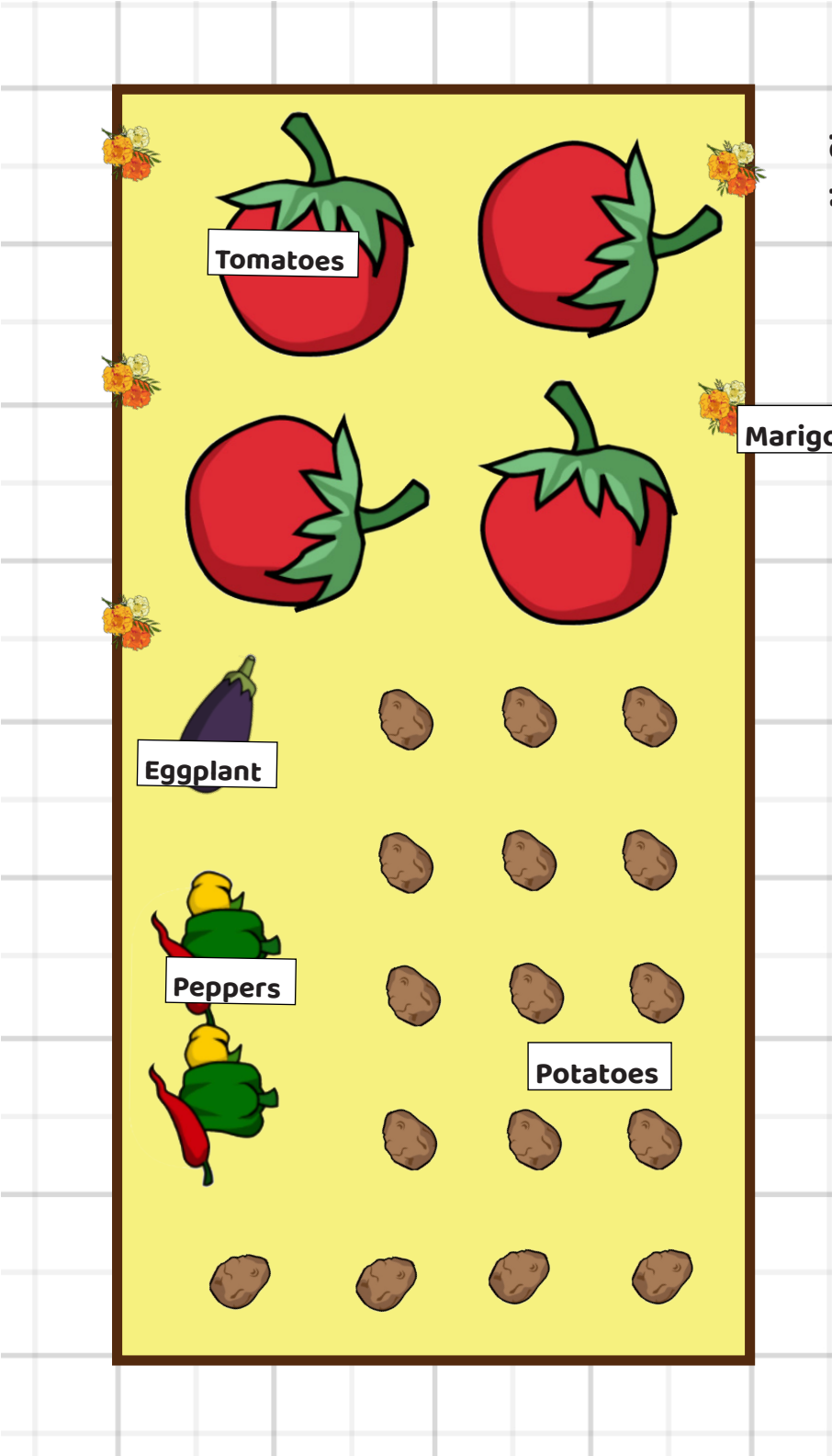
2023 High Peaks Garden

School Wall



+ Marigold to deter creatures who like tomatoes

Planting Instructions:



potatoes
 3 to 4 inch depth

 spacing: one potato section every 12 to 18 inches, cut side down, with eyes (sprouts) up

tomatoes
 (plant start provided)

 spacing: one plant +/- every 2 feet

marigold
 (plant starts provided)

 spacing: interplant with nightshades, 6 inches away from other plants

peppers
 (plant start provided)

 spacing: one plant +/- every 14 inches

eggplant
 (plant start provided)

 spacing: one plant +/- every 14 inches

Legume Family - Bed 4

2023 High Peaks Garden

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+ marigolds to repel creatures who like to snack on beans



Pole Beans require a trellis to climb. Please be sure pole beans are labelled so that Garden to Table's staff knows where to put up the bean trellis.

Planting Instructions:

bush beans

1 inch seed depth

spacing: one seed every 10 inches



pole beans

1 inch seed depth

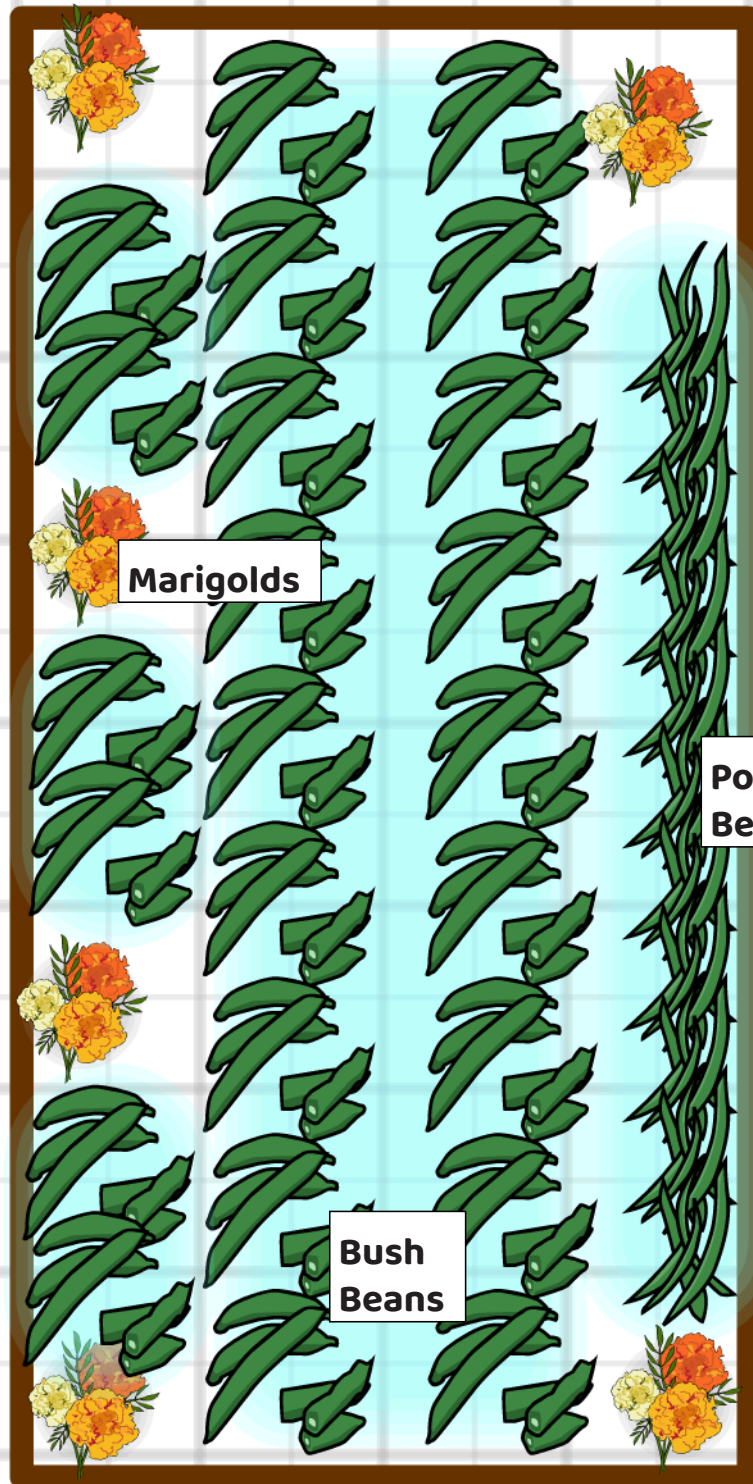
spacing: one seed every 10 inches



marigolds

(plant starts provided)

spacing: interplant with legumes, 6 inches away from bean seeds



4' x 8'

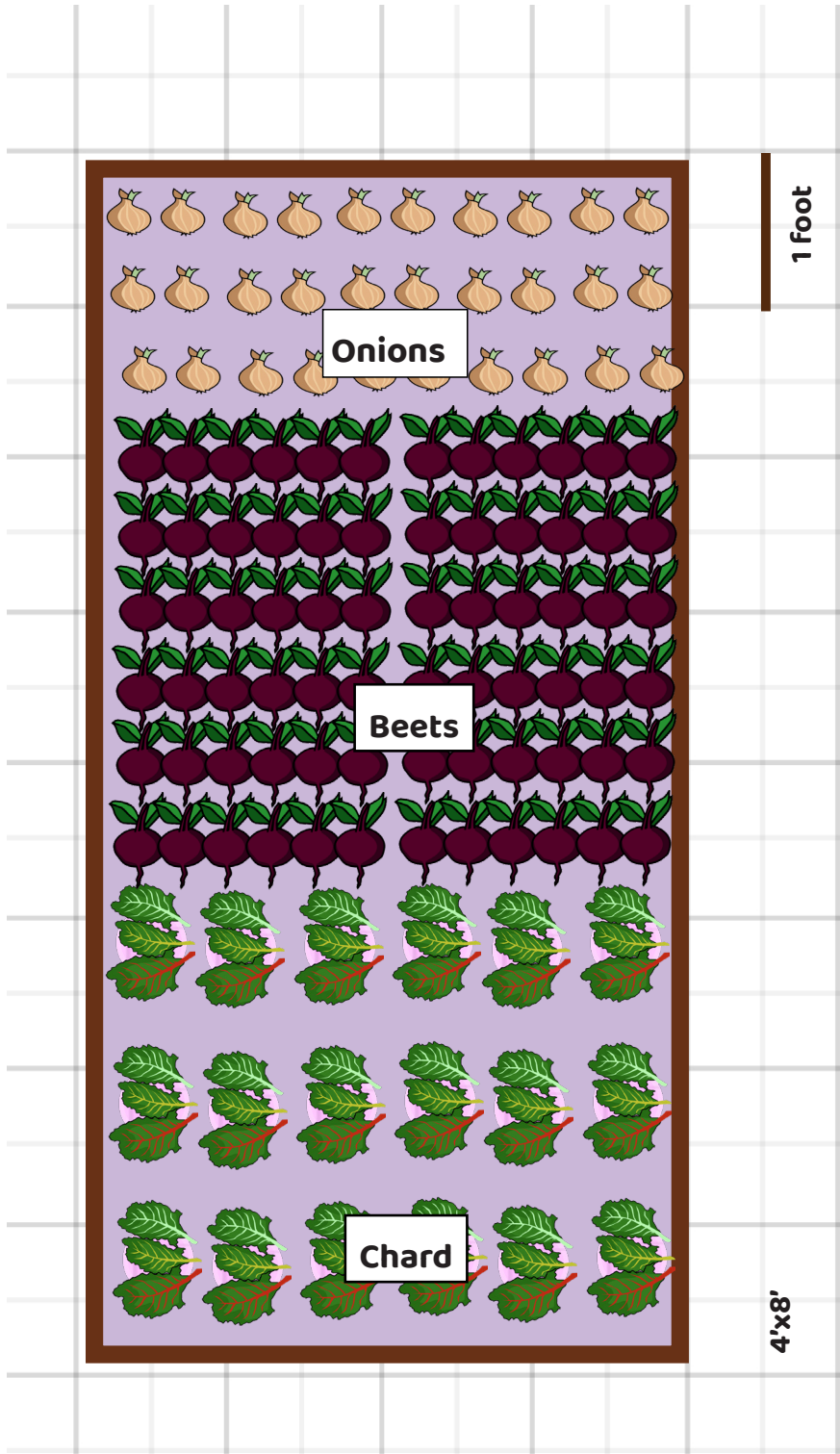
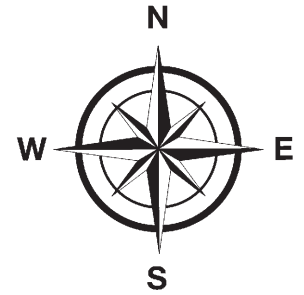
1 foot

Beetroot Family - Bed 5

2023 High Peaks Garden

+ onions, as a good companion plant with beets and chard

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Planting Instructions:

chard

1/2 inch seed depth


spacing: one seed every 8 inches



beets

1/2 inch seed depth


spacing: one seed every 4 to 6 inches



onion
(onion sets provided)

1.5 inch depth with root end down

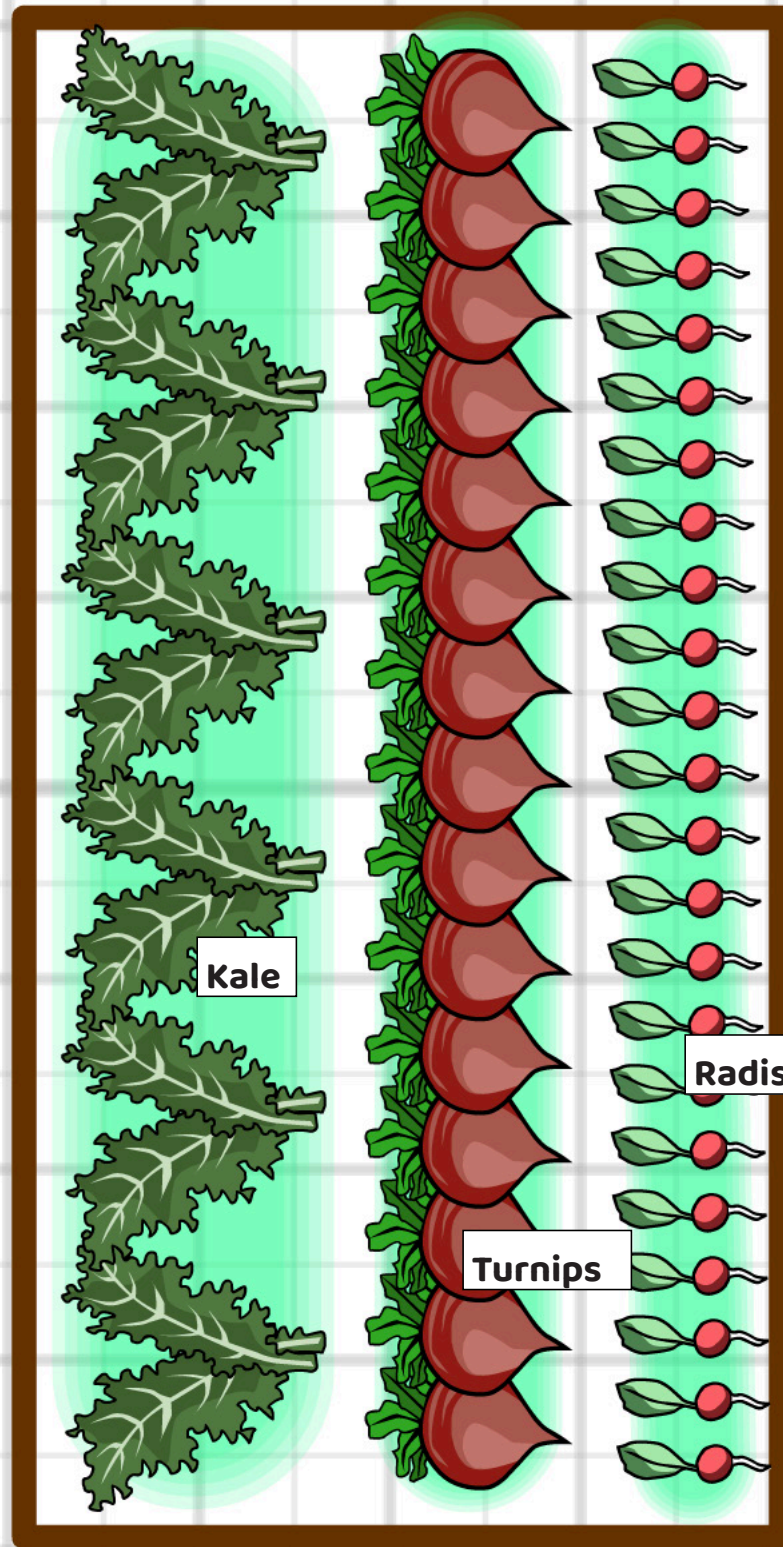
spacing: one onion every 4-6 inches



Brassica Family - Bed 6

2023 High Peaks Garden

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Planting Instructions:

turnip

3/4 inch seed depth

spacing: one seed every 4 inches in each direction



radish

1/4 inch seed depth

spacing: one seed every inch



kale

1/4 inch seed depth

spacing: a group of 3 seeds per foot



4' x 8'

1 foot



Hello Leah—

Here's wishing you a wonderful planting! Without you, this 2023 3rd grade garden planting wouldn't fly. Thank you so much for all you do as a garden lead.

A Few Notes about your Delivery:

Maps: In making your maps each year we pay very close attention to crop rotation—each bed is on a 3-4 year rotation between plant families. In the table below, “CC” stands for Cover Crop. Asterisk denotes a lettuce bed.

	CC?	2021	CC?	2022	CC?	2023
Bed 1	new beds/soil for 2021	Nightshade	Y	Cucurbit	Y	Carrot
Bed 2	new beds/soil for 2021	Spinach (Beetroot)	Y	Nightshade	Y	Cucurbit
Bed 3	new beds/soil for 2021	Was perennials, then peas/oats	Y	Carrot	Y	Nightshade
Bed 4 *	new beds/soil for 2021	Cucurbit	Y	Beetroot	Y	Legumes
Bed 5 *	new beds/soil for 2021	Peas & Oats	Y	Brassica	Y	Beetroot
Bed 6 *	new beds/soil for 2021	Carrot	Y	Legumes	Y	Brassica
perennial bed	new beds/soil for 2021	perennials	n/a	perennials	n/a	perennials

Because crop rotation helps with soil fertility and reduces pest and disease pressures, please spend some time before the planting to be certain your map is oriented correctly. Some garden volunteers like to place each page of the map in its corresponding bed for volunteers/teachers/students to easily reference. This is why we print the pages single-sided.

Watering: Please keep your starts moist (but not soggy) prior to planting. This will prevent transplant shock and make them easier to handle. After planting, please gently water seeds and starts. Our team will more deeply irrigate when we return later in the day. We'll also install tomato cages with protective plastic.

Trays and Plastic Containers: We grow our own plant starts in washed/repurposed containers. Please disregard what's written on any stickers attached to pots. Also, please gather up the containers once the planting is finished. We'll take these away to wash and repurpose again next year.

Leftover Seeds: Please leave your leftover seeds in the white plastic tub (ideally in a shaded location) for us to pick up after the planting and use for replanting what doesn't germinate. We'll make sure they don't go to waste!

Let us know if you have any questions. Happy Planting from Garden to Table's Garden Team!

Contents of your Delivery:

For Cucurbit Beds

- Winter Squash Seeds
- Pumpkin Seeds
- Sunflower Seeds
- Summer Squash Seeds
- Cucumber Seeds
- Nasturtium Seeds

For Nightshade Bed

- 5 Marigold Starts
- 4 Tomato Starts
- 2 Pepper Starts
- 1 Eggplant Start
- 16 "Seed" Potatoes

For Carrot Bed

- Carrot Seeds
- Cilantro Seeds
- Parsley Seeds

For Beetroot bed

- Chard seeds
- Beet seeds
- 30 Onion sets

For Brassica Beds

- Radish Seeds
- Kale Seeds
- Turnip Seeds

For Legume Bed

- 6 Marigold Starts
- Pole Bean Seeds
- Bush Bean Seeds

For Pollinator-Attracting Perennial Beds